

Hélène Farrar

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Statement

Though it is not conscientious, we carry with us what we have lost, cherished, collected, and remember. I believe that the act of being present allows one to weave together a new mosaic for oneself. In “What We Carry” there is an attempt to begin discussions about this mystery behind our human nature. And how we might be carrying with us an entire room of a life or a singular chapter, a traumatic experience of weight, that defines our choices in our ways of being. These works allow one to see the unseen on the surface like an act of personal intention, self-reflection and a desire to carry on. Like a window into the distant lands that inhabit our emotions and imaginations. This work is approached with great optimism, with hopes for our human practice to not allow those “things” to define us but rather to drive our intentions in how we live.



Hélène Farrar, Long Reach, 10x10, 2017

Bio

Artist Hélène Farrar was born in the suburbs of New York City in 1974, to an extended family of artists, musicians and designers. On one heavy winter snowfall in 1979, Farrar settled into the sleepy town of Hallowell, Maine with her optimistic parents and older brother. It was a far departure from her young childhood and family lifestyle of local trains, authentic Italian Deli, and frequent trips to the MOMA. But after many years away, Maine has happily become her home. Farrar lives and works in Manchester, Maine with her inventor Husband Stan, energetic daughter Olympia and dog “Buddy”.

Farrar has taught and worked in the visual arts for fifteen years while actively exhibiting in commercial, nonprofit and university galleries in New England, Pennsylvania, Delaware, Italy, and England. Farrar has a Masters of Fine Art Degree in Interdisciplinary Arts from Goddard College in Vermont, a Bachelors of Art from University of Maine with concentrations in painting and printmaking, and holds a Maine State Teaching Certificate for Art K-12. She is a professional art educator and has taught in a variety of capacities including as an adjunct faculty at university level to preschool classroom instructor. She has most recently been on the faculties of the University of Maine and Thomas College. She currently owns and operates her own private art school in Maine out of her studio, where she holds varied workshops and classes. Farrar will be leading a ten-day painting workshop in Tuscany, Italy in 2017 and an art tour in NYC.